## 10A NCAC 13B .3203 DISCHARGE PLANNING

(a) Discharge planning shall be an integral part of in-patient hospitalization.

(b) The facility shall have written policies and procedures governing discharge planning. These shall include but need not be limited to the following:

- (1) appropriate screening to determine the need for discharge planning;
- (2) methods to facilitate the provision of follow-up care;
- (3) information to be given to the patient or his family or other persons involved in caring for the patient on matters such as the patient's condition; his health care needs; the amount of activity he should engage in; any necessary medical regimens including drugs, nutrition therapy, appointments or other forms of therapy; sources of additional help from other agencies; and procedures to follow in case of complications; and
- (4) procedures for assisting the patient and his family in gaining information regarding financial assistance in paying bills incurred as a result of the hospitalization, including how to receive assistance from the various federal and State government programs.

*History Note:* Authority G.S. 131E-79;

Eff. January 1, 1996; Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. July 22, 2017.